18th May – 22nd May 2020 4th Class – Ms.McCormack

Try to do a P.E. activity every day:

- Try some yoga Cosmic Kids yoga : https://www.youtube.com/channel/UC5uIZ2KOZZeQDQo Gsi qbQ.
- Use 'Go Noodle' or 'The Body Coach' as ways to get exercise with your family.
- Continue to focus on your football/camogie/basketball/soccer skills (whichever sport you enjoy the most).
- Try the garden marathon (42km). Start with 10 laps per day and try to increase it each week.
- Walking, skipping and cycling are great ways to exercise.
- Going the Distance: I would love to find out how we compare to the kangaroo and the cheetah!

Did you know that an adult cheetah can run 10 metres in one second from a standing start?

Did you know that a kangaroo jumps approximately 2 metres with each jump?



Measure your distance in metres e.g. I ran 3 **m** 50 **cm** in 10 seconds which is 3.5 **m**. This table will help you get started but you could add more times to it. You will need someone to help you measure. It's a fun activity to do with a few members of your family!

| Activity | Distance | |
|---|----------|--|
| What distance can you run from a standing start in one second? | | |
| What distance can you run in 2 seconds? | | |
| What distance can you jump in 1 kangaroo jump? (Both feet on the floor!) | | |
| What distance can you jump in 2 kangaroo jumps? (Both feet on the floor!) | | |

Make sure to do a warm up first and a cool down after.

Monday

English:

D.E.A.R Time: 10 minutes

My Read at Home: Page 113 – Read and answer questions in your copy

Spelling Workbook: Unit 15. Learn 4 spellings. Today's spellings: <u>lottery, robbery, mystery,</u>

ability.

 Do L.S.C.W.C for each word <u>or</u> use the triangle method (shown last week) for each word.

Complete the Q.1 and Q.2 - unit 16.

Word List - Dictionary work and sentences: Look up the meaning of the word and then put it into a sentence.

| private | teasing |
|---------|------------|
| gazing | disappears |

Get your siblings or parents to play the dice game (see previous weeks handouts).

Let's Go: The Picture in the Bedroom - Read pages 232 - 234

Handwriting: Page 55

Maths:

Mental Maths: Monday Week 32 Tables Book: Monday Week 30

Tables: Practice your 8's. Play tables dice game with a sibling/parent.

Planet Maths: Revision - Star Cinema Treats

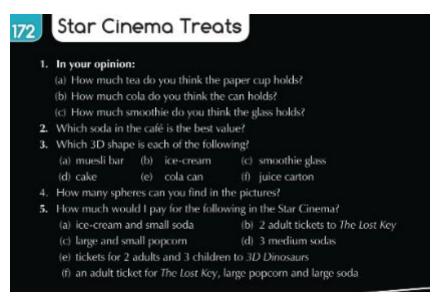
Warm up: Compare money https://ie.ixl.com/math/class-4/compare-money-amounts

Powerpoint: Look at this to help you revise value for money (see maths resources).

Planet Maths p.172 Q.1-5 (you need to look at these two pictures to answer the questions)







Gaeilge:

Caitheamh aimsire – An turas scoile (Pastimes – The school tour)

<u>Abair Liom</u>: Póstaer 17: Féach ar lth 140 & 141. (Read the words out loud).

1. Listen to the story connected to this póstaer being read aloud (online), following the words.

Copy & paste the below link to listen to this comhrá (click comhrá) – you need to be logged into folensonline.ie to do so -

https://content.folensonline.ie/programmes/AbairLiom/4th_class/resources/Poster/AL_4C_A CT_POS_CH17_009/index.html



- **2. Foclóir:** click on Foclóir on the above link (see picture). Listen to the new words, say them after the speaker and find the correct image around the edge of the picture.
- **3.** Ceisteanna: Click on the ceisteanna link as above. Listen to questions Q.1-5 and see if you can answer them out loud. If you like you could also try Q.6-10.
- **4. Litriú agus Frasaí:** As usual, learn one frása and two litriú per day. Make sure that you learn the meaning and the spelling of these words.
 - An dtaitníonn _____ leat? (practice saying this aloud to someone at home using our spelling words in the blank e.g. "A Mhamaí, an dtaitníonn peil leat?"
 - **peil, sacar** (see new foclóir and frásaí list in this weeks resources)

Religion:The 'Grow in Love' <u>book</u> and <u>all interactive content</u> is available on the Grow in Love website: <u>https://app.growinlove.ie/en/user/book-themes/21</u>.

Grow in Love: Theme 9 Lesson 2.

 Listen to song 'A Mhuire Mháthair': https://app.growinlove.ie/en/user/lesson-resources/327

Read p.79 of your 'Grow in Love' - read the key words first.



 Look at these different images of Mary: https://app.growinlove.ie/en/user/lesson-resources/327
 What do you think these images tell us about Mary? This is the Grotto near the Basilica of Our Lady of Guadalupe, Mexico.



SPHE:

- 1. Try the "Breath Star" mindfulness activity (handout under documents for last week).
- 2. Complete the wellness journal (handout under documents for last week).
- 3. Viewpoints: stories can be told from different viewpoints or different points of view. Watch this video on 'The Real Story of the Three Little Pigs': https://www.youtube.com/watch?v=vB07RfntTvw&list=PLO7QcrludwUdJl0DKU0aqBqo xL1BF3pv9
- **4.** <u>Sketch or take a photo:</u> Place a large toy of your choice in the middle of a room. Draw a quick sketch of the toy or take a picture of it from different sides of the room. Pick two/three different positions before you start and don't move the toy until you have finished all drawings /taking the photos.
 - What do you notice about the sketches? Why are they different? Which viewpoint is the best?

Tuesday

English:

D.E.A.R Time: 10 minutes

My Read at Home: Page 114 – Read and answer questions in copy

Spelling Workbook: Unit 16. Learn 4 spellings. Today's spellings: <u>academy, bravery, cavity,</u>

monkey.

• Do L.S.C.W.C 4 times or a spelling triangle for each word.

• Complete Q.4 and Q.5 - unit 16.

Word List - Dictionary work and sentences: Look up the meaning of the word and then put it into a sentence

| spray | visible |
|-------|----------|
| stern | exercise |

Get your siblings or parents to play 'Noun Showdown' – <u>how to play</u>: pick a noun e.g. boy, tree, dog and write down as many adjectives as you can think of in one minute to describe the noun. Can you use any of this week's word list words to describe the noun chosen?

Let's Go: The Picture in the Bedroom- Read pages 235-237

Handwriting: Page 56

Maths:

Mental Maths: Tuesday Week 32 Tables Book: Tuesday Week 30

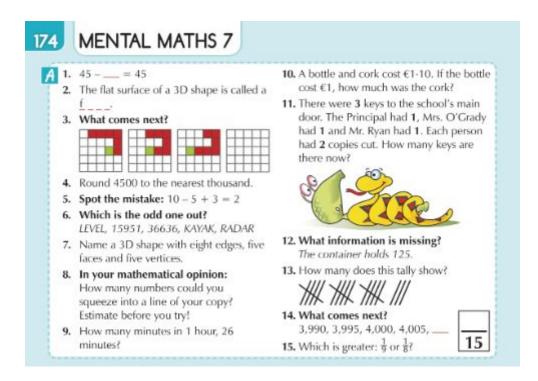
Tables:Practice your 8's. **Planet Maths: Revision**

Warm up: https://ie.ixl.com/math/class-4/fractions-of-time-units

Planet Maths: p.173 - Q.6 - 15 (you need to use the two pictures in yesterday's maths to

answer these questions)





Gaeilge: Caitheamh aimsire – An turas scoile

Abair Liom:

- Póstaer 17: Listen to the story connected to this picture again.
 https://content.folensonline.ie/programmes/AbairLiom/4th_class/resources/Poster/AL 4C ACT POS CH17 009/index.html
- 2. Féach ar lth. 142 Léigh an bróisiúr (read the brochure).



Spraoi - fun
Cois Locha -beside the lake
Ionad eachtraíochta adventure centre
Ar oscailt - open
Aoisghrúpa - age group
Gníomhaíochtaí - activities
Seanéadaí - old clothes
Tuáille - towel

3. Freagair na ceisteanna.

| é Spraoi Cois Locha. |
|--|
| bhfuil Spraoi Cois Locha? |
| hain a <mark>b</mark> híonn an t-ionad ar oscailt? |
| féidir le páiste cúig bliana d'aois dul chuig Spraoi Cois Locha? |
| staigh trí ghníomhaíocht is féidir leat a dhéanamh san uisce. |
| n fáth, meas tú, a mbeidh seanéadaí ag teastáil ó dhaoine i Spraoi |
| s Locha? asaim go mbeidh |
| |

- **4. Litriú agus Frasaí:** As usual, learn one frása and two litriú per day. Make sure that you learn the meaning and the spelling of these words.
 - Is breá liom _____.
 - rugbaí, iománaíocht

(See this week's list)

Religion:

Grow in Love: Theme 9 Lesson 2.

- Listen to the song 'Magnificat': https://app.growinlove.ie/en/user/lesson-resources/327
- Read p.80 of 'Grow in Love'

The Apparition of Our Lady of Guadalupe, Mexico (1531)

One day in 1531, a young boy named Juan Diego from Guadalupe was walking past Tepeyac Hill on his way to Mass when he saw a beautiful woman standing on the hill. The woman was surrounded by a ball of sunlight. She spoke to Juan in his native language and said: 'My dear son, I love you. I desire you to know who I am. I am the ever-virgin Mary, Mother of the true God who gives life to all living things. He created all things. He is in all places. He is Lord of heaven and earth. I would like to have a church built in this place where your people may come to pray and experience my compassion. All those who come here can ask for my help in their work and in their sorrows. I will help them like a mother helps her children. So run now to Tenochtitlan and tell the bishop all that you have seen and heard.'

ACTIVITY

 Imagine you met Juan Diego on his way to visit the bishop. Find a partner and act out the conversation.

At first the bishop didn't believe Juan's story, but when Juan visited him again and showed him the image of Mary on his tilma, or cloak, the bishop was convinced that the apparition really had taken place. More and more people heard the story of the appearance of Our Lady to Juan Diego and Guadalupe soon became a place of pilgrimage to Our Lady. Today, Guadalupe is the most visited Marian shrine in the world and Juan Diego is now a saint.

- Watch this video about the story: https://app.growinlove.ie/en/user/lesson-resources/327#
- Write a short summary of the story in your copy and draw a picture.

Music: Queen



- 1. Queen and David Bowie Under pressure Do you like this song? Why / Why not? https://www.youtube.com/watch?v=YoDh_gHDvkk
- 2. Radio Gaga List the instruments heard in the intro of this song (first 55 seconds) https://www.youtube.com/watch?v=azdwsXLmrHE
- 3. Watch Freddie Mercury perform the song at Live Aid in 1985. Clap along with his beat when the crowd join in! https://www.youtube.com/watch?v=o-0ygW-B gl

Wednesday

English:

D.E.A.R Time: 10 minutes

My Read at Home: Page 115 – Read and answer questions in copy

Spelling Workbook: Unit 16. Learn 4 spellings. Today's spellings: honey, money, trolley,

journey.

• Do L.S.C.W.C 4 times <u>or</u> a spelling triangle for each word.

• Complete Q. 6 & 7 - unit 16

Let's Go: The Picture in the Bedroom – Re-Read Story

Let's Go:page 238 – C. Seek and Search, 1-6 and E. Word watch – dictionary work

Handwriting: p.57

Maths:

Mental Maths: Wednesday Week 32 Tables Book: Wednesday Week 30

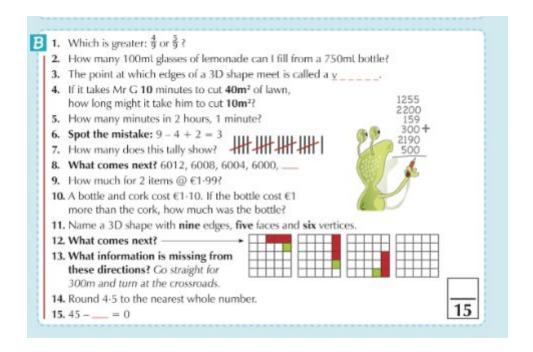
Tables: Practice your 8's. Play the dice game with a sibling/parent. (Roll 2 dice and multiply the

two numbers, see how many you can answer in 1 minute)

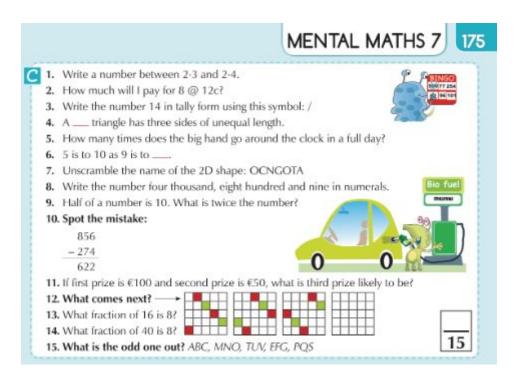
Planet Maths: Revision

Warm up exercise: https://ie.ixl.com/math/class-4/compare-fractions

Planet Maths - P.174 B q.1-15



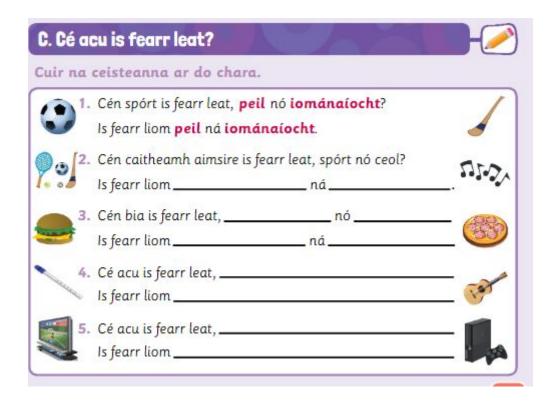
Planet Maths: p. 175 C Q.1-15



Gaeilge: Caitheamh aimsire

Abair Liom:

- Comhrá 17. Read the comhrá. Listen to it online with this link: https://content.folensonline.ie/programmes/AbairLiom/4th_class/resources/Dialogue/AL 4C ACT DIA CH17 008/index.html
- **2. Practice** the different parts of the comhrá with someone in your house e.g. you be Séan and your mam an Agallóir.
- 3. Complete: Cé acu is fearr leat? (which do you prefer)



- 4. Litriú agus Frasaí:
 - Taitníonn / Ní thaitníonn _____ liom
 - camógaíocht, cispheil.

See this week's list!

Religion:

Grow in Love: Theme 9 Lesson 2.

 Listen to the song 'Magnificat' again: https://app.growinlove.ie/en/user/lesson-resources/327

FOR MEMORISATION Pilgrimages in honour of Mary are called Marian pilgrimages

Read these facts:

DID YOU KNOW?

By 1539, only eight years after the apparition of Our Lady to Juan Diego, an estimated eight million of the Aztec people of Mexico had converted to Catholicism.

The Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help or sought your intercession was left unaided.

Inspired with this confidence, I fly unto you, O Virgin of virgins, my Mother.

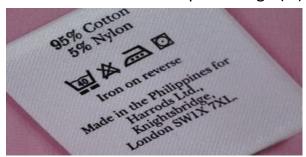
To you do I come. Before you I stand, sinful and sorrowful.

O Mother of the Word Incarnate, despise not my petitions, but in your mercy hear and answer me. Amen.

- Say this prayer at home with your family:
- Watch this clip: https://app.growinlove.ie/en/user/lesson-resources/327#
- List 3 interesting things that you noticed in the video and draw a picture, include a Mexican flag in your picture.

Geography: Clothes (we don't need our book for today's lesson)

- 1. Read through the handouts on 'How materials are made?' (see documents).
- **2.** Check the label of the clothes you are wearing to see what materials they are made from. Check to see what percentage (%) of each material is in your clothes.







3. Try to find an example of the below listed materials in your home, feel each material and compare the materials. *Is it strong? Is it durable? Would it keep you warm?*

| cotton | silk | nylon |
|--------|-------|-----------|
| wool | linen | polyester |

| What are MAN-MADE materials? |
|--|
| Man-made materials are materials obtained from natural materials through chemical processes. |

| What are NATURAL materials? |
|--|
| |
| • Natural materials are materials that |
| come from plants, animals and |
| rocks. |
| |

4. List the materials you found under the below headings:

| Human - Made | Natural |
|--------------|---------|
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |

(If you have found other materials that are not listed above include them).

Thursday

English:

D.E.A.R Time: 10 minutes

My Read at Home: Page 116 – Read and answer questions in copy

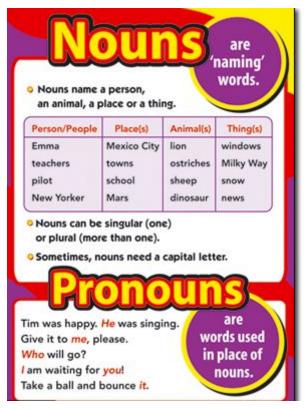
Spelling Workbook: Unit 16. Learn 4 spellings Today's spellings: macaroni, confetti, bikini, ski.

• Do L.S.C.W.C 4 times <u>or</u> a spelling triangle for each word.

• Complete Q. 9 and 10 - unit 16.

Let's Go: The Picture in the Bedroom: Re-Read Story making a list of <u>nouns</u> and <u>pronouns</u> you

notice.



Let's Go: page 238 - D. Quest and Query, 1-6

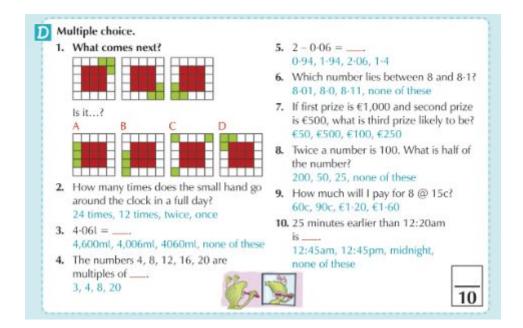
Maths:

Mental Maths: Thursday Week 32 Tables Book:Thursday Week 30

Tables:Practice your 8's. **Planet Maths:** Revision

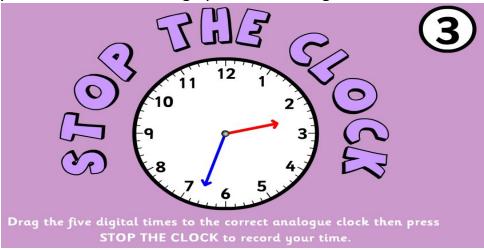
Warm up exercise: https://ie.ixl.com/math/class-4/convert-time-units

Planet Maths: p.175 D Q.1-10



Game: https://teachingtime.co.uk/draggames/sthec3.html

Play 'Stop the Clock' - put the correct digital times with the correct analogue time - try to beat your best score! Challenge yourself with higher levels!



Worksheet: Time worksheet (see this week's maths resources).

Gaeilge: Caitheamh aimsire - An turas scoile.

- Comhrá 17. Read the comhrá again. Listen to it online with this link: https://content.folensonline.ie/programmes/AbairLiom/4th_class/resources/Dialogue/AL_4C_ACT_DIA_CH17_008/index.html
- 2. **Practice** the different parts of the comhrá with someone in your house. If you were Seán yesterday, be an Agallóir today!

3. Scríobh abairtí.

Write your own sentences. Look at example 1 and then write your own sentences. Remember to always start with the <u>verb</u> (Imrím (play-sport), Seinnim (play-music), Téim (I go)).



- 4. Litriú agus Frasaí: Two frásaí today and revise 'an aimsir' litriú on your sheet.
 - Bainim taitneamh as a bheith ag ______.
 - leadóg, snámh

See this week's list!

History: Clothes/Fashion (we don't need our book for today's lesson)

- 1. Read through the 'Fashion' powerpoint (see documents for this week).
- **2.** Design an outfit. Use your favourite clothes from the 'fashion' powerpoint. You can use clothes from different decades but make sure to label the item of clothing with the decade/period of time that it is from (see examples).



Use the template provided in the documents for this week if you wish.

Art: Using our environment to create art.

You may have found some nice flowers, sticks or rocks on a walk recently or you may have some of these in your garden. You can use anything you like from your environment, try to use natural materials.

Examples for inspiration:



Friday

English:

D.E.A.R Time: 10 minutes

My Read at Home: Page 117 – Read and answer questions in copy

Handwriting: p.57

Let's Go: The Picture in the Bedroom - Re-Read Story making a list of any verbs and

adjectives that you notice.



Let's Go: Watch your Ps and Qs pg. 239 - Section G - Do you know what story each sentence is from? Make a table like the example in the book to answer Q.1-5

Write a story: H - Flights a fancy - You are looking at a picture in your room/house when suddenly you fall into it. Write a story about the adventure you have.

Maths:

Mental Maths: Friday Week 32

Tables:Practice your 8's. Play our tables dice game with a member of your family.

Planet Maths: Revision Warm up exercise:

https://ie.ixl.com/math/class-4/add-subtract-multiply-and-divide-money-amounts

Complete these sums:

| 11. | €1·38 × 6 | 12. €2.64 × 7 | 13. €6-87 ×8 | 14. €8.64 × q | 15. €7.69 × 8 |
|-----|--------------|---------------------------|----------------------------|---------------------------|----------------------|
| | | | | - | |
| 16. | 5 €9-85 | 17. 6 <u>€8.76</u> | 18. 7 <u>[€9.73</u> | 19. 8 <u>€9.44</u> | 20. 9 €7.74 |
| | | | <u> </u> | | |

Complete these problems:

Mental Problems

| Said C | How much had she then? |
|----------|---|
| (50)D | Pat has six 50c coins and six 20c coins. How much money has he altogether? |
| £5.70 | Sue had €8·00. She bought a bracelet. How much had she left? |
| | Joe has €7.90. How much more does he need to buy the umbrella? |
| 26 | Jim has €2·30. Joan has 35c more than that. How much money have they between them? |
| | Alan bought a cake for €5.75 and buns for €2.50. What change had he from €10? |
| How much | for 3 litres of orange at €2.30 per litre? |
| | had she at first? |
| | Five bananas cost €2. How much would one banana cost? |
| | change from €10 when he bought 2 sandwiches. he cost of a sandwich? |
| E/S | What change did Jack get from €10 when he bought two scissors costing €3.75 each? |
| SALO C | Nine packets of crisps cost €5.40. How much should 2 packets cost? |
| | Ann spent 3 How much |

Extra: Money Word Problem Handout (see this week's resources).

Gaeilge: Caitheamh aimsire - An turas scoile

Abair Liom:

- 1. Listen to the poem: 'Laethanta Saoire' & say the poem following the words. Link: https://content.folensonline.ie/programmes/AbairLiom/4th_class/resources/Poem/AL_4C ACT POE CH17 006/index.html
- 2. Complete <u>'Tráthnóna Inné'</u> reading comprehension (see this week's handouts, translation also available if you need it, try it without looking first).



Remember for Q. 7 -

3. Simpsons video: "Ní maith liom an caitheamh aimsire sin!" https://www.youtube.com/watch?v=xKIGcRdubkQ (cara pinn - penpal)

Bain taitneamh as an...



Geography: Clothes- Chapter 10

If you don't have our geography book <u>Window on the World 4</u>, it can be accessed online: https://www.edcolearning.ie/Book/Page?bookId=book332&chapterId=chapter15&pageId=page89

- 1. Read p.64 and p.65 of our Geography book.
- 2. Watch this video on 'Cotton': https://www.youtube.com/watch?v=QHgNoSYIhYs
- 3. Question Time p. 68 Q. 1-4:
 - 1 Name three different materials used to make clothes.
 - Where does cotton come from?
 - 3 How is silk made?
 - 4 Why, do you think, were man-made products developed?

Science: Design and make a Land Yacht

Your task is to design and make a vehicle that is powered by a sail. You could use a hairdryer to act as the wind when testing the land yacht.



Possible materials to use:

- Toilet roll holders
- Plastic cartons
- Spools
- Straws
- Kitchen towel
- **1. Explore:** Investigate different materials and decide which are best for use in your land yacht. Explore fabrics for the sails. What objects would make suitable wheels?
- **2. Plan:** Draw what your land yacht will look like. Write up some <u>criteria</u> for your land yacht.

Example criteria could be:

- The vehicle should have a working sail.
- The vehicle should travel in a straight line and a distance of at least 20cm when placed in front of a working hairdryer.

You decide!

- **3. Make:** Build your land yacht using selected materials.
- **4. Evaluate:** Check your criteria. Does your land yacht work well? How could it be improved or changed? Could you make it strong enough to carry a load?

Websites and Passwords:

| English | | Access: |
|--|-------------------------------|---|
| Let's Go | https://www.cjfallon.ie/ | Click Student Resources |
| My Read at Home 4 | https://www.cjfallon.ie/ | Click Student Resources |
| My Spelling Workbook | Workbook | |
| Handwriting | Workbook | |
| Maths | | |
| Planet Maths | https://www.folensonline.ie/ | Register with own details and use roll no. Prim20 |
| Tables Champion | Workbook | |
| New Wave Mental Maths | Workbook | |
| Gaeilge | | |
| Abair Liom | https://www.folensonline.ie/ | Register with own details and use roll no. Prim20 |
| Religion | | |
| Grow in Love | https://www.growinlove.ie/en/ | Email: trial@growinlove.ie Password: growinlove |
| History, Geography& Science | | |
| Window on the World 4 History/ Geography/Science | https://www.edcolearning.ie/ | Username: primaryedcobooks Password: edco2020 |

If you're having issues accessing links for Gaeilge, History, Geography or

Science, try the following:

Geography and Science - Sign into edco learning (**Username:** primaryedcobooks, **Password:** edco2020). In the search box, type window (as below) and on the second row of books that appears, you will see the 4th class history, geography and science books.

Irish - Sign into Folens. Move mouse over Abair Liom F and click resources. On the next screen, drop down the lesson button and select the lesson we are on e.g. Na Séasúir and all the activities relating to that chapter, that we will have referred to in work list, will be on the next screen.

