



Scoil Mhuire

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HEALTHY LUNCHES POLICY

From September 2005, following much class discussion on healthy eating and in keeping with our efforts to reduce litter, the children were in agreement that we make a decision not to include unhealthy foods in lunches.

Parents/Guardians were asked for their support and co-operation with the Healthy Lunches Campaign that children should not include "junk food" such as sweets, bars, crisps, fizzy drinks, etc. in their lunch. Parents/Guardians were also asked to use minimal wrapping with lunches.

This Policy has a 2-fold effect - healthier children and a cleaner environment.

We ask parents/guardians to support us and the children in implementing this Policy which has huge implications for children's health both now and in the future...

RATIFICATION

This Policy was ratified by the Board of Management on

Signed: David Gantly

8/3/16.

Chairperson, Board of Management