**April 27th – May 1st 2020**

***4th Class - Ms. McBrearty***

***Active Schools Week 2020***

* **Go Noodle Dance:** This year our dance will be “*Roar*“,

<https://app.gonoodle.com/activities/roar?s=Search&t=KIDSBOP>

* Try and practice it every day. Get all the family involved.
* **Wake up Shake up:** Why not try this every morning before you start your schoolwork:
* 10 jumping jacks
* 10 frog jumps
* Run on the spot for 30 seconds
* 10 squats
* 10 lunges
* Skipping for 30 seconds
* High knees for 30 seconds
* Stretch up to the sky, to the left side and to the right side
* Stretch those legs and those arms

**Other Activities:**

* Try and join in to PE with Joe Wicks at 9.00am every morning.
* <https://rtejr.rte.ie/10at10/> have loads of fun 10@10 exercises too.
* Senior kids could try them in Irish.
* Try some yoga on Cosmic kids <https://www.youtube.com/user/CosmicKidsYoga>
* Choose your favourite song and create your own dance to it.
* Practise your favourite sport.

**Monday**

**English:**

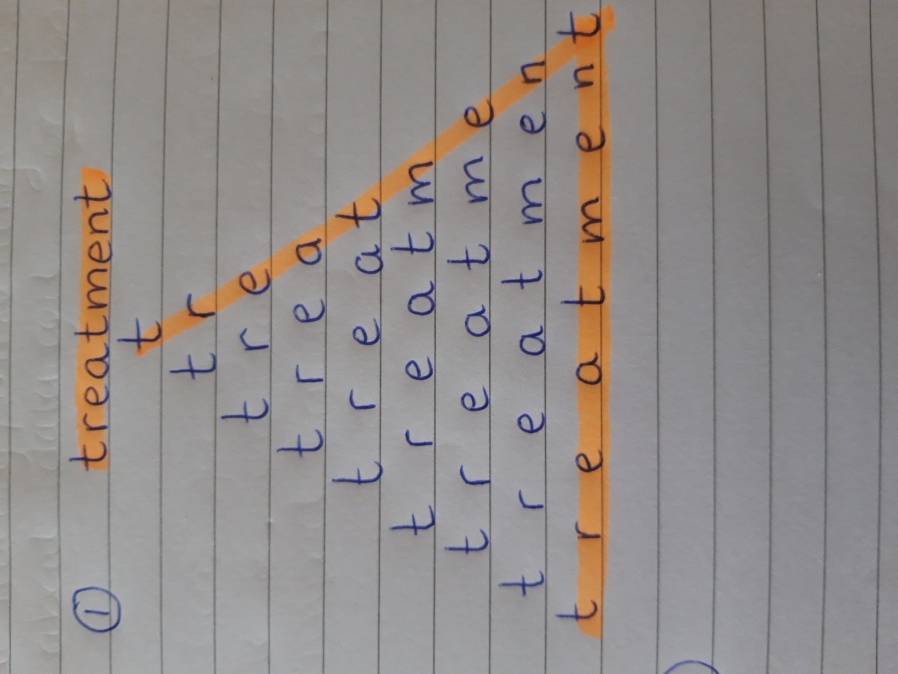
**D.E.A.R Time**: 10 minutes

**My Read at Home:** Page 104 – Read and answer questions in your copy

**Spelling Workbook:** Unit 14. Learn 4 spellings. Today’s spellings: treatment, department, excitement, agreement.

* Do L.S.C.W.C for each word **or** do try the triangle method (shown below) for each word.
* Complete the ‘across’ section of the Crossword.

Here’s an example of the spelling triangle and the steps on how to do it:



**Steps:**

1. Write out spelling correctly at the top.
2. Write the 1st letter of the word.
3. Write the 1st & 2nd letter of the word and so on….until the base of the triangle reads the spelling.
4. Check that the base and the right side of the triangle spell out the word.
5. Highlight these sides if you like!

**Tips:** If it is a long word you will need to make sure you have space on either side of the 1st letter as the triangle gets bigger.

\*You could do each line of the triangle a different colour if you like!

**Word List - Dictionary work and sentences:** Look up the meaning of the word and then put it into a sentence.

|  |  |
| --- | --- |
| **incredible** | **bristles** |
| **enormous** | **migrate** |

**Get your siblings or parents to play the dice game** (see handouts for last week)

**Let’s Go: Blue Whales and Orcas**- Read pages 216 - 217

**Handwriting**: Page 55

**Maths:**

**Mental Maths:** Monday Week 29

**Tables Book:** Monday Week 27

**Tables:** Practice your 9’s. Play fizz/buzz with a sibling/parent.

**Planet Maths: Topic 26 Capacity**

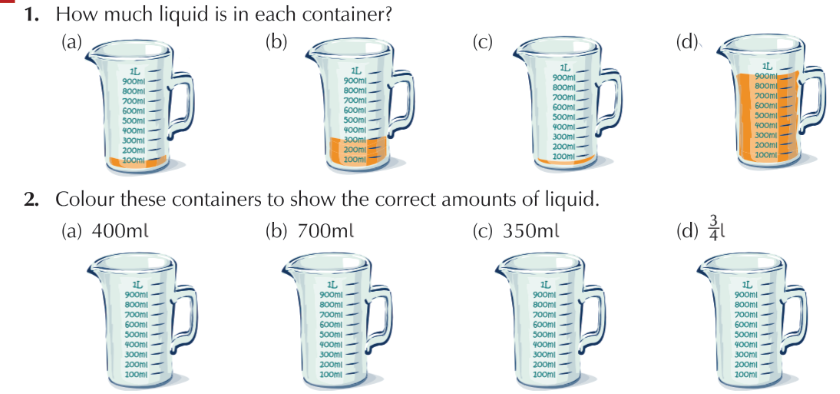
**Warm up exercise:** Litres and millilitres

<https://content.folensonline.ie/programmes/PlanetMaths/PM4/resources/activitya/pm_4c_157/index.html>

**Page 157 – B**

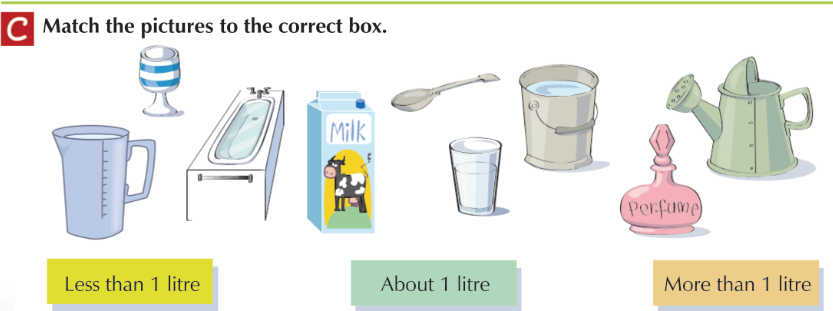
**Q.1.** How much liquid is in each container?

**Q.2** Draw the containers in your copy **or** you could colour in the containers if you have this sheet printed out!



**Page 157 - C**

**Q.3** Match the pictures to the correct box on this sheet **or**  find 3 examples in your home of containers that hold ‘*Less than 1 L’, ‘About 1L’*, & ‘*More than 1L’*.



**Extra Work:** Complete 12 free questions on this site: <https://ie.ixl.com/math/class-4/compare-and-convert-metric-units-of-volume>

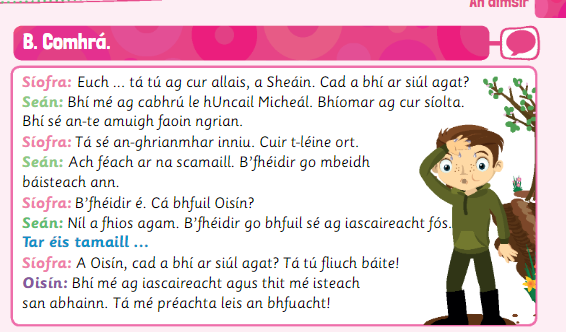
**Gaeilge:**

**An Aimsir – Na Séasúir** *(The Weather – The Seasons)*

**Abair Liom**

1. **Comhrá:** Féach ar lth 125. Léigh é (Read it!).

Listen to the comhrá being read aloud, following the words.



Copy & Paste the below link to listen to this comhrá – you need to be logged into folensonline.ie to do so - <https://content.folensonline.ie/programmes/AbairLiom/4th_class/resources/Dialogue/AL_4C_ACT_DIA_CH15_008/index.html>

1. **Complete C - lth.125**



1. **Litriú agus Frasaí:** As usual, learn one frása and two litriú per day. Make sure that you learn the meaning and the spelling of these words.

* **Tá an ghaoth ag séideadh.**
* **spéir, scamall (**These are from last week’s list. It is still available under last weeks’ documents)

1. **Dán:** Listen to the poem ‘ An aimsir’ being read aloud (lth.125)

<https://content.folensonline.ie/programmes/AbairLiom/4th_class/resources/Poem/AL_4C_ACT_POE_CH15_006/index.html>.

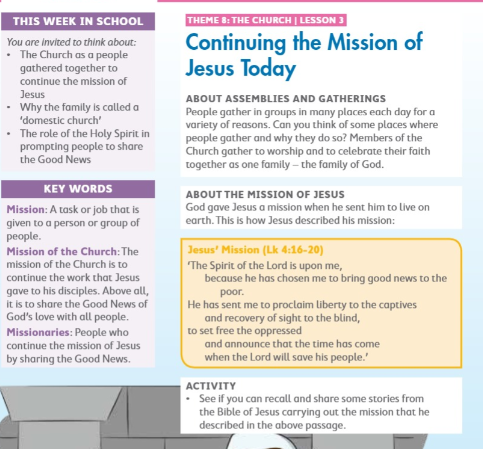
**Learn** the first verse:

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**Religion:** The ‘Grow in Love’ book and all interactive content is available on the Grow in Love website: <https://app.growinlove.ie/en/user/theme-lessons/112> .

**Grow in Love: Theme 8 Lesson 3.**

* Read page 70



* *What gathering of people (e.g. school, football, parties, communion, wedding) are you looking most forward to attending when we do not have to socially isolate?*
* Write a paragraph about why you are looking forward to this gathering of people, draw a picture if you like.

**SPHE:**

1. Try the “Shark Fin” mindfulness activity, found in the mindfulness task cards under the documents list on our class page from last week.
2. Complete a daily gratitude journal (handout under documents for this week). Pick one thing that you are grateful for and explain why you are thankful for it. You could complete this activity every day this week if you like and decorate it.

Examples of things to be grateful for: family, nice food, fun, games, art, baking, reading.

**Active Schools Week**: “Marathon Monday”

* See how many laps of your garden you can do in the day!
* Challenge other members of your family.

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**Tuesday**

**English:**

**D.E.A.R Time**: 10 minutes

**My Read at Home:** Page 105 – Read and answer questions in copy

**Spelling Workbook:** Unit 14. Learn 4 spellings. Today’s spellings: escape, none, careless, breathless.

* Do L.S.C.W.C 4 times or a spelling triangle for each word.
* Complete the ‘Down’ section of the crossword.

**Word List - Dictionary work and sentences:** Look up the meaning of the word and then put it into a sentence

|  |  |
| --- | --- |
| blubber | extinction |
| endangered | distinctive |

**Get your siblings or parents to play our dice game** (see worksheets from last week)

**Let’s Go: Blue Whales and Orcas** - Read pages 218-219

**Maths:**

**Mental Maths:** Tuesday Week 29

**Tables Book:** Tuesday Week 27

**Tables:** Practice your 9’s.

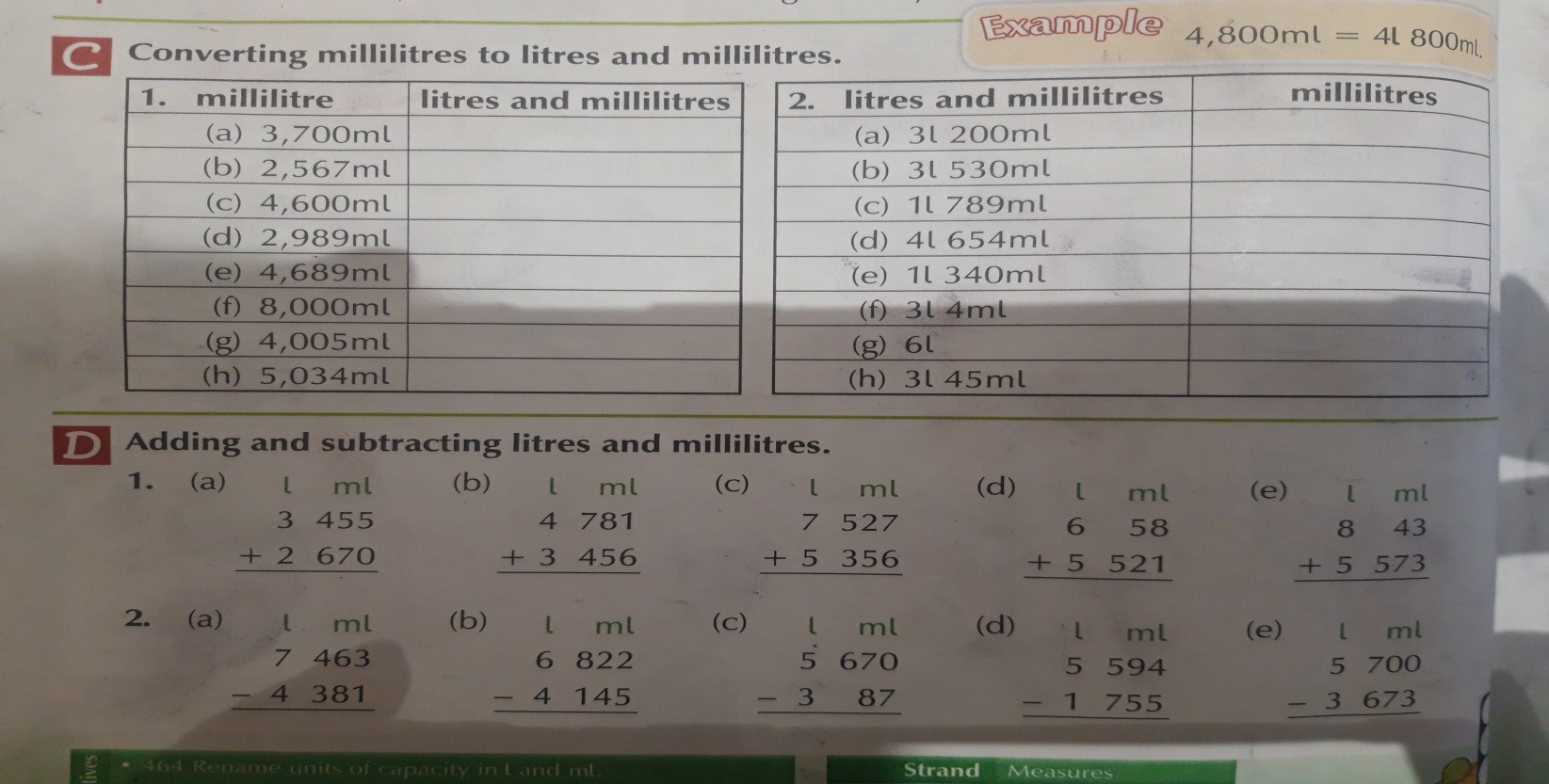
**Planet Maths: Topic 26 Capacity**

**Watch Video:** <https://www.youtube.com/watch?v=QMpkm4dAB4w&feature=youtu.be>

**Planet Maths:** Covert millilitres (ml) to litres (l) **p.158, C, Q.1**

Convert litres (l) to millilitres (ml) **p.158 C, Q.2**

Add and subtract litres and millilitres **p.158, D Q.1 & 2**

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**Extra Work:** If you found the above activities easy, try B Q.1 & 2 on p.158

**Gaeilge: An Aimsir – Na Séasúir**

1. **Comhrá–** 15. Read the comhrá from yesterday again, lth. 125. Practice the different parts with someone at home!

<https://content.folensonline.ie/programmes/AbairLiom/4th_class/resources/Dialogue/AL_4C_ACT_DIA_CH15_008/index.html>

1. **Abair Liom:** Féach ar lth. 128

**H. An ceann corr. (Odd one out!)**

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1. **Litriú agus Frasaí:** As usual learn one frása and two litriú per day. Make sure that you learn the meaning and the spelling of these words.

* **Cén sort lae atá ann?**
* **Báisteach / bogha báistí** See last week’s list!

1. **Dán:** Read the poem ‘An Aimsir’, lth.129 & **Learn** the 2nd Verse.

(See yesterday’s Gaeilge for link & poem)

**Religion:**

**Grow in Love: Theme 8 Lesson 3.**

* Read page 71



* Complete the activities at the bottom of the page and say the prayer three times.
* While writing in your copy, listen to the song “Come, Holy Spirit” in the online resources: <https://app.growinlove.ie/en/user/lesson-resources/328>

**Music:**

**The Beatles**

1. Listen to the following songs and answer the questions (see documents for this week)

**Love Me Do:** <https://www.youtube.com/watch?v=0pGOFX1D_jg>

**Yellow Submarine:** <https://www.youtube.com/watch?v=m2uTFF_3MaA>

1. Complete ‘The Beatles’ word search (this week’s documents).

**Tuesday:** “Target Tuesday”

* Using whatever equipment you have, set up a target challenge for your family in the garden. For example: How many footballs/tennis balls/toilet rolls can you get into the bucket?



**Wednesday**

**English:**

**D.E.A.R Time**: 10 minutes

**My Read at Home:** Page 106 – Read and answer questions in copy

**Spelling Workbook:** Unit 14. Learn 4 spellings. Today’s spellings: cleanliness, happiness, business, lovely.

* Do L.S.C.W.C 4 times or a spelling triangle for each word.
* Find 10 words in the word search.

**Watch Video:** <https://www.nationalgeographic.com/animals/mammals/b/blue-whale/>

**Let’s Go: Blue Whales and Orcas** – Re-Read Story

**Let’s Go:** page 220 – What have you learned? Q.1-10

**Maths:**

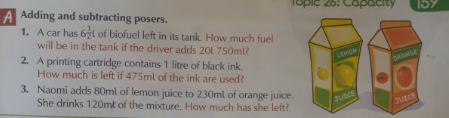
**Mental Maths:** Wednesday Week 29

**Tables Book:** Wednesday Week 27

**Tables:** Practice your 9’s. Play the dice game with a sibling/parent. (Roll 2 dice and multiply the two numbers, see how many you can answer in 1 minute)

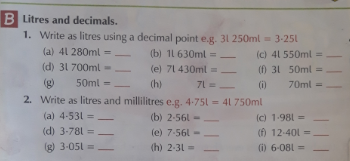
**Planet Maths: Topic 26: Capacity**

**P.159:** Complete A (Adding & Subtracting), Q.1, 2 & 3 using our RUDE Strategy.



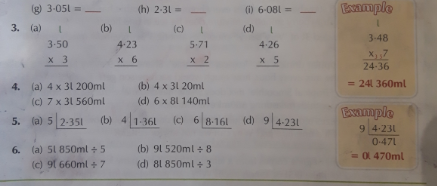
**Watch Video:** <https://www.youtube.com/watch?v=URwMPphTvv8>

**P.159:** Complete B, Q.1 & 2

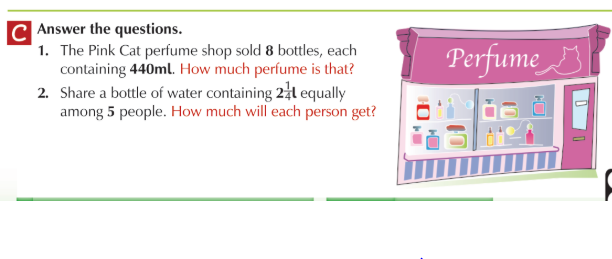
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Multiplication and division of ML and L is similar to dividing grams and Kg.

* Look at the examples on the right-hand side of the page, then complete **B, Q.3, 4, 5, 6.**
* Remember to convert the capacity to decimal form before completing the sum (if it is not already a decimal – q.4 & 6).



**Extra Work:** Complete these problems:

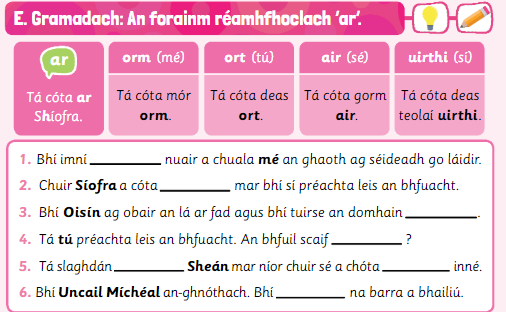


**Gaeilge:**

1. **Comhrá–** 15. Read the comhrá from yesterday again, lth. 125. Practice the different parts with someone at home!

<https://content.folensonline.ie/programmes/AbairLiom/4th_class/resources/Dialogue/AL_4C_ACT_DIA_CH15_008/index.html>

1. **Complete E**, p.126. Make sure to read the rules in the pink boxes first



1. **Litriú agus Frasaí:** As usual learn one frása and two litriú per day.

* **Lá grianmhar / scamallach atá ann**
* **sioc / ceo** See last week’s list!

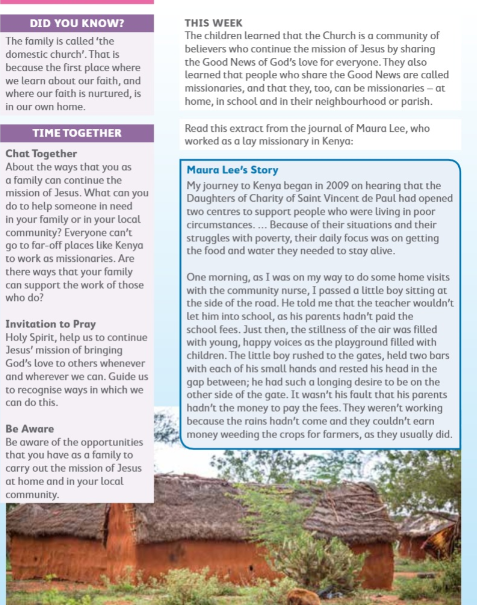
1. **Dán:** Read the poem ‘An Aimsir’, lth.129 & **Learn** the 3rd Verse.

(See Monday’s Gaeilge for link & poem)

**Religion:**

**Grow in Love: Theme 8 Lesson 3.**

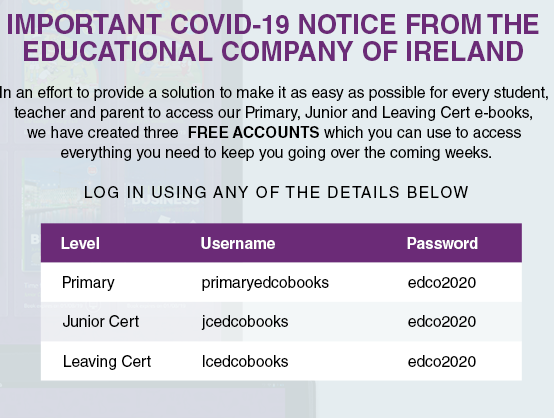
* Read page 72 of your Grow in Love.
* Talk to someone in your family about this page.



**Geography: The Bogs of Ireland – Chapter 8**

*If you don’t have our geography book Window on the World 4, it can be accessed online:*

<https://edcolearning.ie/Book/Page?bookId=book421&chapterId=chapter10&pageId=page50>



* **What is a bog? Watch this video:** <https://www.youtube.com/watch?v=JSSblAZX378>
* **Read:** Page 51 of your Geography book
* Look at the picture on p.52 & p.53 & read the fact file.
* Name, describe and draw three animals found on the bog.
* Name, describe and draw three plants found on the bog.

**Active Schools Week:** “Walk On Wednesday”

* Be sure to get out for a walk with your family today.
* You could organise the pre walk warm up and cool down for the family.

**Thursday**

**English:**

**D.E.A.R Time**: 10 minutes

**My Read at Home:** Page 107 – Read and answer questions in copy

**Spelling Workbook:** Unit 14. Learn 4 spellings Today’s spellings: lonely, quietly, kind, engage.

* Do L.S.C.W.C 4 times or a spelling triangle for each word.
* Finish the word search

**Let’s Go: Blue Whales and Orcas**: Re-Read Story

**Let’s Go:** page 220 – D. Mixed-up sentences

**Maths:**

**Mental Maths:** Thursday Week 29

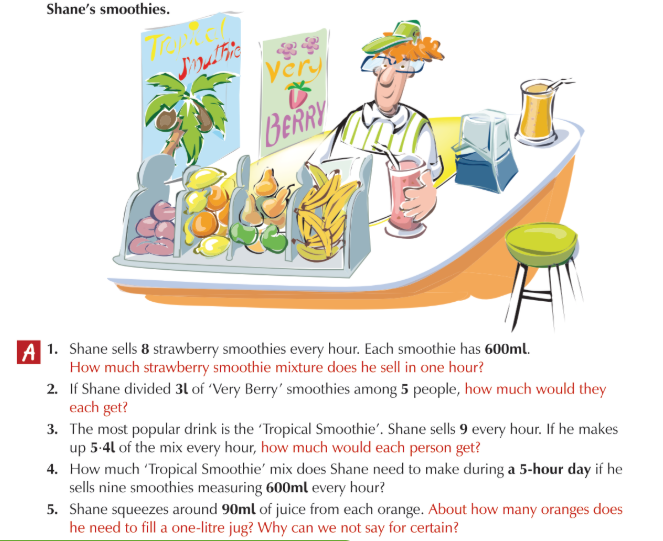
**Tables Book:** Thursday Week 27

**Tables:** Practice your 9’s.

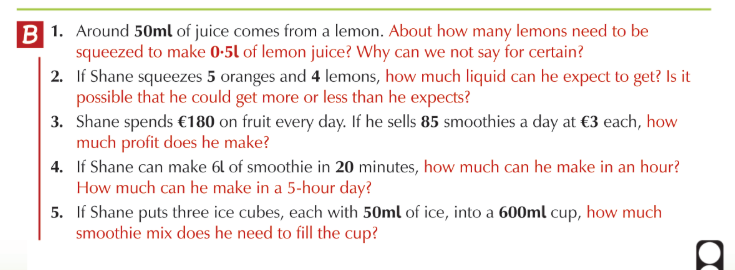
**Planet Maths: Topic 26 Capacity**

**Warm up exercise:** <https://content.folensonline.ie/programmes/PlanetMaths/PM4/resources/activities/pm_4c_160/index.html>

**Complete A on P.160 using our RUDE Strategy.**



**B is a little more difficult but give it a go!**



**Gaeilge:**

1. **Abair Liom:** Listen to the song: ‘Ní maith liom an Ghrian’ & sing along following the words. <https://content.folensonline.ie/programmes/AbairLiom/4th_class/resources/Song/AL_4C_ACT_SON_CH15_007/index.html>
2. Léigh faoi “Na Séasúir” ón Met Éireann (see this week’s handouts).
3. **Cén séasúr is fearr leat?** Taispeáin dom, tarraing pictiúir agus dathaigh é. (Which season do you prefer? Show me, draw a picture and colour it)
4. **Litriú agus Frasaí:** As usual learn one frása and two litriú per day.

* **Lá breá, brothallach atá ann.**
* **sneachta / leac oighir** See last week’s list!

1. **Dán:** Read the poem ‘An Aimsir’, lth.129 & **Learn** the 4th Verse.

(See Monday’s Gaeilge for link & poem)

**Religion:** Tomorrow is the 1st of May – The Month of Mary.

* **Read:** power point on Mary (see documents for this week).
* **Complete:** colouring sheet on ‘The May Altar’ (see documents for this week).

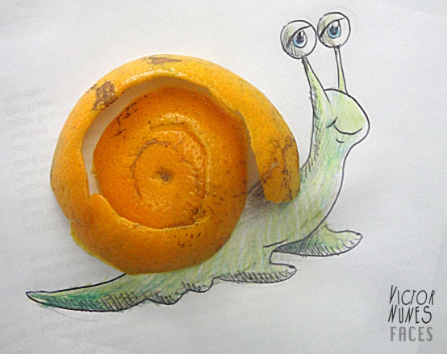
**Art:** Inspired by the Art of ‘Victor Nunes’

* Ask Permission to use an everyday object from your home to create a piece of art.
* Sketch or colour to complete

See examples:



**Thursday:** “Timing Thursday”

* Get the stopwatch ready: See how many of the following you can do in 1 minute?
* Jumping Jacks
* Frog Jumps
* Squats
* Lunges
* Scissors
* “Keepy uppies”
* Toe taps
* Challenge other members of your family!

**Friday**

**English:**

**D.E.A.R Time**: 10 minutes

**My Read at Home:** Page 108 – Read and answer questions in copy

**Let’s Go: Blue Whales and Orcas–** Re-Read Story

**Let’s Go: p.221,** F. Complete the sentences

**Extra:** List five interesting facts that you have learned about Blue Whales **or** Orcas and draw a labelled diagram of your choice.

**Maths:**

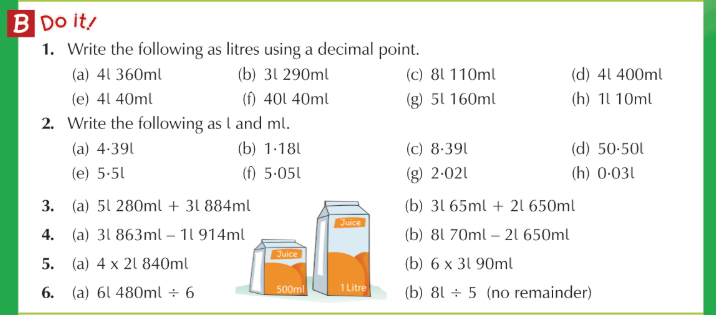
**Mental Maths:** Friday Week 29

**Tables:** Practice your 9’s. Play fizz/buzz with a sibling/parent.

**Planet Maths: Topic 26 Capacity**

**Watch ‘Jelly’ video:** <https://content.folensonline.ie/programmes/PlanetMaths/PM4/resources/video/pm_4c_v157a.mp4>

**Complete B on p.161**

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**Extra Work: Complete C, D & E on p.161**

**Gaeilge:**

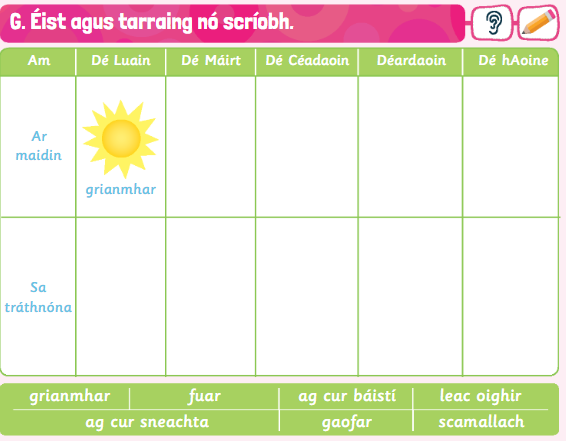
**Abair Liom:**

* Listen to the song: ‘Ní maith liom an Ghrian’ & sing along following the words.

<https://content.folensonline.ie/programmes/AbairLiom/4th_class/resources/Song/AL_4C_ACT_SON_CH15_007/index.html>

* Listen to the link to complete G. Éist agus tarraing (Listen & draw), lch.28

<https://www.folensonline.ie/home/library/programmes/abair-liom-4th-class/resources/>

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**Geography: The Bogs of Ireland - Chapter 8**

* Read p.54 of your Geography book.
* Question Time, p.55: We did Q. 4 & 5 of this Wednesday! So you just have to answer Q.1, 2, 3 and 6 today.
* Puzzle Time: p.55 – True / False
* Make a frog using a page (If you don’t have green paper, colour a page green first):



**Science: Plants and Flowers – Chapter 16 Flower Power**

Window on the World 4 – Science [available online: <https://www.edcolearning.ie/Book/Page?bookId=book378&chapterId=chapter18&pageId=page81> ]

***Copy and paste the above link!***

* **Read:** page 84 of our science book
* **Name** the flower they have described on page 84.
* Try to **find** this flower in your garden or while you are out on a walk.
* **Draw** a diagram of this native Irish plant, making sure to label the following:
  + golden yellow flower
  + five petals
  + leaves close to the ground
  + long stem

***Don’t forget to put a heading on your diagram!***

**Extra:** If you like, you could research this flower on <https://www.kiddle.co/> and find five interesting facts about this wildflower. I would love to see your diagrams and the facts that you found interesting!

**Active Schools Week:** Fun Friday

* Create an obstacle course for your family in the garden, using household and garden items (kitchen chairs, pots, clothes basket, dustbin, garden pots, buckets, a pillow case as a sack etc.) Who will be the fastest family member to complete it?
* 

***Well done!***

***Enjoy your weekend!***

***Websites and Passwords:***

|  |  |  |
| --- | --- | --- |
| **English** | | **Access:** |
| Let’s Go | <https://www.cjfallon.ie/> | Click Student Resources |
| My Read at Home 4 | <https://www.cjfallon.ie/> | Click Student Resources |
| My Spelling Workbook | Workbook |  |
| Handwriting | Workbook |  |
| **Maths** |  |  |
| Planet Maths | <https://www.folensonline.ie/> | Register with own details and use roll no. Prim20 |
| Tables Champion | Workbook |  |
| New Wave Mental Maths | Workbook |  |
| **Gaeilge** |  |  |
| Abair Liom | <https://www.folensonline.ie/> | Register with own details and use roll no. Prim20 |
| **Religion** |  |  |
| Grow in Love | <https://www.growinlove.ie/en/> | **Email:** [**trial@growinlove.ie**](mailto:trial@growinlove.ie) **Password:** growinlove |
| **History & Geography** |  |  |
| Window on the World 4 History/ Geography | <https://www.edcolearning.ie/> | **Username:** primaryedcobooks  **Password:** edco2020 |
| **Science** |  |  |
| Window on the World 4 Science | <https://www.edcolearning.ie/> | **Username:** primaryedcobooks  **Password:** edco2020 |